



WHAT'S ON THE MENU?













Holy Cross

September 2019

Lunch Price: \$2.40 Reduced Price: \$.40

Ala Carte Milk, Juice & Water: \$.50/Snack: \$.25, \$.50 or \$.75 Adult Lunch: \$3.75

A full student lunch includes a choice of entrée supplying protein, milk, grain, and vegetable and fruit side dishes. Milk Choices include: 1% White and 1% Chocolate Milk. A cold vegetable and fruit bar is available daily on which we feature the vegetables and fruit listed below, additional fruit and vegetable choices may be available in the bar.

Monday	Tuesday	Wednesday	Thursday	Friday
 Cheese Pizza Golden Corn 26	Chicken & Cheese Quesadillas Refried Beans 27	Corn Dog on a Stick Potato Rounds 28	PB & Jelly Uncrustable  w/String Cheese Peach Cup 29	No School 30
No School Labor Day 2	Classic Cheeseburger Oven Baked Potato Wedges Give Away w/Every Lunch Back to School Pencil 3	Rotini Pasta with Meat Sauce Roasted Carrot "Fries" 4	 Cheese Stuffed Bosco Sticks w/Dipping Sauce Seasoned Broccoli 5	Walking Tacos W/Cinnamon Breadstick Golden Corn 6
 Fresh Garden Salad w/Egg & Cheese Garlic Bread Stick Fresh Pea Pods 9	Beef & Cheese Nachos Refried Beans 10	Scrambled Eggs w/Turkey Sausage Patty & WG Cinnamon Roll Sweet Potato Puffs 11	Turkey & Cheese on a Pretzel Bun Sliced Steamed Carrots 12	 Homemade French Bread Pizza Steamed Broccoli Lucky Lunch Day 13
 Classic Cheese Pizza Roasted Fresh Green Beans 16	Beef Soft Shell Tacos Refried Beans 17	 Pancakes w/Scrambled Eggs Potato Rounds 18	 Creamy Macaroni & Cheese w/Garlic Bread Stick Seasoned Broccoli Birthday Cookie 19	Crispy Chicken Sandwich on a WG Bun Sweet Cinnamon Roasted Butternut Squash 20
 Homemade Flatbread Pizza Roasted Carrot "Fries" 23	Beef & Cheese Nachos Refried Beans 24	Chicken Tenders w/Breadstick Mashed Potatoes & Gravy 25	Ham & Cheese on a Pretzel Bun Steamed Green Beans Frozen Fruit Treat- "Sidekicks" 26	27
Monday	Tuesday	Wednesday	Thursday	Friday
 French Toast Sticks w/Scrambled Eggs	Chicken Nuggets w/Dinner Roll	 Strawberry Yogurt Parfait w/Homemade Granola	Popcorn Chicken w/Dinner Roll	 Grilled Cheese w/Tomato Soup
Fresh Fruit & Vegetable Bar Available Daily				
Fresh Cherry Tomatoes Romaine & Spinach Salad Fresh Apple Pineapple Chunks	Sliced Cucumbers Romaine & Spinach Salad Strawberries Chilled Peaches	Fresh Cauliflower Romaine & Spinach Salad Fresh Cut Orange Wedges Chilled Fruit Cocktail	Fresh Baby Carrots Romaine & Spinach Salad Cantaloupe Chunks Chilled Applesauce	Power Peas Romaine & Spinach Salad Fresh Banana Chilled Diced Pears

This institution is an equal opportunity provider.



Vegetarian Item

Questions or Comments? Please contact Julie Humphrey @ 810.676.1112 or jhumphrey@ecsd.us

Menu Subject to Change without Notice