



# WHAT'S ON THE MENU?

## Holy Cross Lunch Menu November 2019

Lunch Price: \$2.40 Reduced Price: \$.40

Ala Carte Milk, Juice & Water: \$.50/Snack: \$.25, \$.50 or \$.75 Adult Lunch: \$3.75

A full student lunch includes a choice of entrée supplying protein, milk, grain, and vegetable and fruit side dishes. Milk Choices include: 1% White and 1% Chocolate Milk. A cold vegetable and fruit bar is available daily on which we feature the vegetables and fruit listed below, additional fruit and vegetable choices may be available in the bar.

Monday	Tuesday	Wednesday	Thursday	Friday
4 Fresh Garden Salad w/Egg & Cheese Garlic Bread Stick	5 Beef & Cheese Nachos Refried Beans	6 Scrambled Eggs w/Turkey Sausage Patty & WG Cinnamon Roll Sweet Potato Puffs	7 French Toast Sticks w/Turkey Sausage Patty Sweet Potato Puffs	8
11 Crispy Chicken Sandwich Roasted Fresh Green Beans <b>Strawberry Milk</b>	12 Beef Soft Shell Tacos Refried Beans	13 Pancakes w/Turkey Sausage Patty Potato Rounds	14 Creamy Homemade Macaroni & Cheese w/Garlic Bread Stick Seasoned Broccoli <b>Birthday Cookie</b>	15 Chicken Drumstick w/Fresh Baked Biscuit Mashed Potatoes w/Gravy
18 Muffin Fun Lunch Banana Muffin, Yogurt Cup, String Cheese & Cheddar Goldfish Crackers	19 Beef & Cheese Nachos Refried Beans <i>Try it Tuesday</i>	20 Chicken Tenders w/Breadstick Seasoned Waffle Fries	21 Grilled Cheese w/Tomato Soup	22
25 Walking Tacos W/Cinnamon Breadstick Refried Beans	26 Cheeseburger Seasoned Potato Wedges	27	28	29
Thanksgiving Recess Nov. 27 <sup>th</sup> - 29 <sup>th</sup>				
Monday	Tuesday	Wednesday	Thursday	Friday
Stuffed Crust Cheese Pizza	Chicken Nuggets w/Dinner Roll	Strawberry Yogurt Parfait w/Homemade Granola	Popcorn Chicken w/Dinner Roll	Hot Dog w/Bun
<b>Fresh Fruit &amp; Vegetable Bar Available Daily</b>				
Fresh Cherry Tomatoes Romaine & Spinach Salad Fresh Apple Pineapple Chunks	Sliced Cucumbers Romaine & Spinach Salad Strawberries Chilled Peaches	Fresh Broccoli Salad w/Rasins Romaine & Spinach Salad Dried Cherries Chilled Fruit Cocktail	Fresh Baby Carrots Romaine & Spinach Salad Fresh Grapes Chilled Applesauce	Power Peas Romaine & Spinach Salad Cinnamon Apple Slices Chilled Diced Pears

This institution is an equal opportunity provider.



Vegetarian Item

**Questions or Comments? Please contact Julie Humphrey @ 810.676.1112 or [jhumphrey@ecsd.us](mailto:jhumphrey@ecsd.us)**

**Checks:** Please make checks payable to East China Food Service

Menu Subject to Change without Notice