## What's on the Menu?

## East China Holy Cross Lunch Menu: September

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Paid Lunch $\$ 2.40$ <br> Reduced \$0.40 | Cheese Pizza <br> Golden Corn Baby Carrots Sweet Peaches Choice of Milk | Corn Dog on a Stick <br> Baked Beans <br> Power Peas <br> Fresh Orange <br> Choice of Milk | Chicken Tenders w/Mini Biscuit <br> Tater Tots Baby Carrots Applesauce Choice of Milk | Ham \& Cheese on a Pretzel Bun <br> Seasoned Broccoli Cherry Tomatoes Apple Choice of Milk |
| Pepperoni Pizza <br> Golden Corn <br> Baby Carrots Sweet Peaches Choice of Milk | Beef Hot Dog on a Bun <br> Seasoned Wedges Baby Carrots Sweet Peaches Choice of Milk | Classic Cheese Burger <br> Baked Beans Power Peas Fresh Orange Choice of Milk | Popcorn Chicken w/Mini Biscuit <br> Tater Tots Baby Carrots Applesauce Choice of Milk | Grilled Cheese <br> Seasoned Broccoli Cherry Tomatoes Apple Choice of Milk |
| French Toast Sticks w/Sausage <br> Hash Brown <br> Baby Carrots Red Grapes Choice of Milk | Meat \& Cheese Nachos <br> Spinach \& Cranberry Salad Fresh Celery Sticks Chilled Peaches Choice of Milk | Chicken Nuggets w/Dinner Roll <br> Baked Beans Fresh Broccoli Strawberries Choice of Milk | Lasagna Roll Up w/Garlic Bread <br> Lucky Lunch Day <br> Roasted Carrot Fries Power Peas Banana Choice of Milk | Chicken Drumstick w/Breadstick <br> Savory Fresh Green Beans Baby Carrots Apple Choice of Milk |
|  | Pepperoni Pizza <br> Tomato \& Cucumber Salad <br> Baby Carrots <br> Sweet Peaches <br> Choice of Milk | Baked Mozzarella Cheese Sticks wl Marinara Sauce <br> Tater Tots Power Peas Fresh Orange Choice of Milk | Popcorn Chicken w/Breadstick <br> Garlic Mashed Potato Fresh Broccoli Strawberries Choice of Milk | Strawberry Yogurt Parfait <br> World Smile Day <br> Potato Smiles <br> Baby Carrots <br> Fresh Apple <br> Choice of Milk |
| Questions or Comments? | (1) Vegetarian | Locally Grown |  |  |

Lunch: A full student lunch includes a choice of entree supplying grain and/or protein, two (2) side dishes and choice of milk. Milk choices include 1\% white and skim chocolate.

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Questions or Comments? Please contact Julie Humphrey @ 810.676.1112 or jhumphrey@ecsd.us Thisinstitution is an equal opportunity provider.

