

PARENT COMMUNICATION

Dear Parents,

Your child will be learning Theology of the Body (TOB) this year. These supplemental lessons will be taught alongside our religion curriculum. TOB is an understanding of what it means to be human. Together, we will discover the very foundations of our authentic identity as human persons created in the image and likeness of God, male and female.

Why are we here? What does it mean to love? How do we find real happiness?

Through prayer, stories, thought-provoking questions, and activities we will begin to explore the wonderful answers to life's questions through the lens of God's design, plan and purpose.

WHAT TOB IS...


TOB is an integral understanding of the human person developed by Pope St. John Paul II, published under the title ***Man and Woman He Created Them: A Theology of the Body***. These Scripture-based reflections about God's original design for the human person provide a needed Christian anthropology for our times. TOB conveys the inestimable worth and dignity of the human person and the road to happiness, which involves the gift-of-self, communion with others and with the Blessed Trinity.

WHAT TOB IS NOT...

- A chastity program
- Sex education
- Only focused on human sexuality
- A bunch of rules
- Just for married people
- Just for young people



The body, in fact, and only the body, is capable of making visible what is invisible: the spiritual and the divine. TOB 19:4

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the  (leaf) at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit RuahWoodsPress.com/Parents to view a TOB parent presentation.