# What's on the Menu?

Wednesday

#BrunchforLunch 1

French Toast

Sticks

Turkey Sausage Patty

Tater Tots

Fresh Banana

#BrunchforLunch 8

**Cinnamon Waffles** 

Turkey Sausage Patty

Broccoli

Fresh Pear

\*Homemade Apple

Crisp

Apple Crunch Day!

**Mini Pancakes** 

#BrunchforLunch 15

**AOD School Food Program K-8- Lunch Menu Holy Cross Catholic School** 

#### Tuesday **Monday** Noodle Day! 10/6 10/7 Taco Day! 10/8 Apple Crunch! Day! Happy Halloween! 10/31 **National School Lunch Week** October 13th - October 17! Swedish Meatballs 6 w/ Gravy Chicken Quesadilla Hearty Egg Noodles Black Beans 5 Green Beans Corn 202 Fresh Fuji Apple Salsa **Noodle Day!** Mixed Fruit # Taco Day! 13 **Beef Hot Dog Baked Beans** Seasoned Broccoli Fresh Fuji Apple 20

**Chicken Nuggets** 

Steamed Corn

Fresh Orange

Crispy Chicken 27

**Club Sandwich** 

Romaine Lettuce

Sliced Tomatoes

French Fries

Fresh Pear







# Turkey Sausage Mixed Vegetables Cinnamon Applesauce #BrunchforLunch Sausage and

Cheese on **English Muffin Tater Tots** Fresh Apple

#BrunchforLunch 29 **Mini Pancakes** 

Turkey Sausage

Celery Sticks

Cinnamon

Applesauce

### 30 **Chicken Tenders** Dinner Roll **Baked Beans** Mixed Fruit

Thursday

**Chicken Terivaki** 

Brown Rice

Broccoli

Mixed Fruit

Chicken Tenders

Dinner Roll

French Fries

**Applesauce** 

Lasagna Roll Ups

Garlic Bread

Green Beans

Fresh Banana

**Hungry Howie's23** 

Pizza

Celery Sticks

Fresh Banana

9

16



**Friday** 

**Hungry Howie's** 

Pizza

Fresh Garden Salad

Sliced Cucumbers

Fresh Apple

**Hungry Howie's** 

Pizza

Celery Sticks

Fresh Banana

**Hungry Howie's** 

Pizza

Salad Mix

Sliced Cucumber

Cinnamon Applesauce



Fresh Banana

\*Baked Cookie



# **Specials**



Global Eats turns food into a worldly adventure!

For the Month of September, we're traveling to Italy! Come Us!

#### Global Eats - Italy Featuring:

Lasagna Roll Ups

Thursday, October 16th



## **Daily Offerings**

#### Entrée #2

Soy Butter & Grape Jelly

Assorted Fruit, Milk and Vegetables available daily with all entrées

\*School Must offer all 5 components

(Protein, Grain, Fruit, Veggie and 1% Milk)

\*Students MUST choose 3 or more components - 1 component MUST at least be 1/2 cup fruit & or

Vegetable (Protein, Grain, Fruit, Veggie and 1% Milk)

Menus will be changing to accommodate serving up happy & healthy for the National Food Supply Chain All meals served with milk. challenges

- AOD School Food Program Contact Information: (313) 883-8755 This institution is an equal opportunity provider.

24

